



## École Royal Vale School

5851 Somerled Avenue, Montreal, QC H3X 2A5

Tel.: (514) 481-2463 - Fax.: (514) 481-3094

royalvale@emsb.qc.ca

Good day Royal Vale families,

We have begun this school year with safety measures loosened due to the community's incredible commitment to the overall health and safety for all. It is with this continued mission in mind that we will be offering the following extracurricular sports program to high school students at Royal Vale this Fall.

At this time, our school has opted to offer intramural sports leagues rather than join interscholastic leagues. This decision comes as Covid-19 case counts continue to rise in Montreal. Intramural sports leagues will allow our school to provide a better assurance of our students' safety and will permit more students to participate. As the safety requirements for sports are clarified and meet our community's standard for health and safety, we may then opt to join in interscholastic sports leagues such as the GMAA.

### **WHAT?**

- Fall 2021 intramural sports leagues offered:
- Soccer (outdoor)
  - Basketball (indoor)
  - Volleyball (indoor)
  - and more to come...

### **WHEN?**

School sports may take place before school, at lunch or after school

### **WHERE?**

We will be making use of our many facilities on school grounds

### **WHO?**

All the intramural sports leagues offered will be participation leagues that welcome anyone who wants to play. Games and/or practices will take place with only Royal Vale students and staff.

**The school will provide all the sporting equipment and coaching free of charge to the students.**

### **WHY?**

Our students deserve a rounded school experience that encourages a healthy, active lifestyle that instills the spirit of participation, team building and sportsmanship.

### **HOW?**

A sign-up form is available [HERE](#).

*Students are asked to select one intramural sport for now.*

**Thank you and have a great season!**

Respectfully,  
Royal Vale School Administration